FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									
hours per response	: 0.5								

	Check this box if no longer subject	•
١	to Section 16. Form 4 or Form 5	
J	obligations may continue. See	
	Instruction 1(b).	

	tion 1(b).	ide. dee		Filed							rities Exchanç ompany Act o		f 1934			nours	per re	esponse:	0.5
Name and Address of Reporting Person* Good Morton Carson				2. Issuer Name and Ticker or Trading Symbol Alpine Income Property Trust, Inc. [PINE]										o of Reportir licable) tor	ng Pe	rson(s) to Is			
(Last) (First) (Middle) 1140 N. WILLIAMSON BLVD., SUITE 140				3. Date of Earliest Transaction (Month/Day/Year) 01/03/2022										Officer (give title below)			Other (s	specify	
(Street) DAYTO BEACH (City)	FL		2114 Zip)		4. If A	Amend	ment, I	Date	of Orig	inal Fil	ed (Month/Da	ay/Year)		. Indivine)	Form	filed by One filed by Mo filed by Mo	e Rep	oorting Pers	on
		Table	I - N	lon-Deriva	tive S	Secui	rities	Ac	quire	d, Di	sposed of	f, or E	Benefic	ially	Own	ed			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Y				Execution D		on Date, Day/Year)					Acquired (A) of (D) (Instr. 3, 4 a		and 5) Se Be Ov				n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common	Stock			01/03/20)22						656	A	\$19.03	37 ⁽¹⁾	8,394			D	
		Tal	ble II	- Derivati (e.g., pu							posed of, convertib				Owne	d			
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, ecurity or Exercise (Month/Day/Year) if any		4. Transa Code (8)	instr.	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expiration Date			7. Title and Amount of Securities Underlying Derivative Security (Instra 3 and 4) Amount or Number of Shares		nt er		9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

1. These shares were issued to the Reporting Person in lieu of his 4th quarter 2021 retainer fee of \$12,500 pursuant to the Issuer's non-employee director compensation policy (the "Policy"). Pursuant to the Policy, the share price utilized to calculate the number of shares issued was the 20-day trailing average closing price as of the last day of the quarter, or \$19.0370.

/s/ Daniel E. Smith, attorneyin-fact for M. Carson Good

01/05/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.