FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, [D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

	OMB APPROVAL										
	OMB Number: 3235-0287 Estimated average burden										
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	tion 1(b).	nuc. Sec		Filed							rities Exchan ompany Act					liours	perre	esponse:	0.5
1. Name and Address of Reporting Person* Good Morton Carson				2. Issuer Name and Ticker or Trading Symbol Alpine Income Property Trust, Inc. [PINE]								5			o of Reportir licable) tor	ng Pe	rson(s) to Is		
(Last) (First) (Middle) 1140 N. WILLIAMSON BLVD., SUITE 140					3. Date of Earliest Transaction (Month/Day/Year) 04/01/2020											Officer (give title below)		Other (specify below)	
(Street) DAYTONA BEACH (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)									i. Indiv ine) X					
		Table	: I - I	Non-Deriva	tive S	Secur	ities	Acc	quire	ed, Di	sposed o	f, or	Benefic	ially	Own	ed			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yes				Execution		n Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 ar			nd 5) Secu Bene Own		cially d Following	6. Ownership Form: Direct (D) or Indirect (I)		7. Nature of Indirect Beneficial Ownership	
								ode	v	Amount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		(Instr. 4)	
Common Stock 04/01/2020				20			A		954	A	\$13.10	75 ⁽¹⁾	3	3,249		D			
		Tal	ble	II - Derivati (e.g., pu							posed of, converti				wne	d			
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, curity or Exercise (Month/Day/Year) if any			Code (sasaction de (Instr. 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) de V (A) (D)			Expiration Date (Month/Day/Year)			Amo Secu Unde Deriv Secu 3 and	Amount or Number of	8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

1. These shares were issued to the Reporting Person in lieu of his 1st quarter 2020 retainer fee of \$12,500 pursuant to the Issuer's non-employee director compensation policy (the "Policy"). Pursuant to the Policy, the share price utilized to calculate the number of shares issued was the 20-day trailing average closing price as of the last day of the quarter, or \$13.1075.

/s/ Daniel E. Smith, attorneyin-fact for M. Carson Good

04/02/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.